

Promoted for and on behalf of Cycling Time Trials under their rules, regulations and championship conditions

## KENT CYCLING ASSOCIATION

President Pat Hill

# **OPEN 12 HOUR TIME TRIAL**

For Bicycles and Tricycles

Incorporating the

Kent and Surrey/Sussex VTTA Group Championships

Sunday 23rd August 2015

START SHEET





#### **FINISHING CIRCUIT**

| Course  | Inter<br>Dist | Cum<br>Dist |
|---|---------------|-------------|
| Riders continue on B2067  | 0             | 0           |
| Timekeeper 1  |               |             |
| Timekeeper 2  | 1.601         | 1.601       |
| Riders continue to Magpie Hall Cross roads and turn left                          |               |             |
| Timekeeper 3  | 1.378         | 2.979       |
| Riders continue to Stubbs Cross and turn left                                     |               |             |
| Timekeeper 4  | 1.621         | 4.600       |
| Riders continue through Shadoxhurst   |               |             |
| Timekeeper 5  | 1.552         | 6.152       |
| Riders continue to Coldblow Junction and turn left                                |               |             |
| Timekeeper 6  | 1.670         | 7.822       |
| Riders continue to Sugarloaf crossroads and turn left to continue subsequent laps | 1.311         | 9.133       |

#### **Annual Lunch & Prize Presentation**

All awards will be presented at the Lunch at Smarden Charter Hall 1 November 2015

Guest of Honour - Sean Yates

Bar opens 12 o'clock - Lunch 1 o'clock

More details from:

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Timekeepers

Paul Mepham
Pat Hill
Ernie & David Mackey
Others to be confirmed

Course Controller

Clin Maisey

Event H.Q. - Bethersden Village Hall (TN26 3AF). There are toilet facilities and ample parking.

## PLEASE BE QUIET AT THE HALL IN THE MORNING

# SIGNING ON SHEET, BODY AND ARM NUMBERS WILL BE AT EVENT H.Q.

Please note that C.T.T. Regulation 16 states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position.

Please note that any rider whose number is not positioned correctly will not be allowed to start.



#### **NOTES**

#### **RIDERS**

It is a legal requirement (Road Vehicles Lighting Regulations 1989) to use appropriately fitted pedal reflectors and also a rear reflector (which may be incorporated into a rear light) as well as front and rear lights when riding in the dark (ie between sunrise and sunset). The onus is upon the rider to obey the law.

Riders will be expected to fit appropriate front and rear lights.

Please note that C.T.T. Regulation 16 states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown Please note that any rider whose number is not positioned correctly will not be allowed to start.



You must observe C.T.T. Regulation No 21 about Paced & Company Riding

Competitors must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken.

Riders should note that the event organiser will strictly enforce the rules about pacing and riding in company. For clarity this includes riding in the company of any person, for example other club members, and not just other competitors.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

| Course   | Inter<br>Dist | Cum<br>Dist |
|--|---------------|-------------|
| junction with the A268 Rye   | 5.754         | 64.402      |
| Onto the mini RAB A259   | 0.145         | 64.547      |
| Take left on A259 through East Guldeford to Brookland RAB (care sharp bends) where   | 6.333         | 70.880      |
| and retrace to East Guldeford (care sharp bends) where   | 5.356         | 76.236      |
| turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn right (GREAT CARE), continue on B2075 to Hammonds          |               |             |
| Corner A259 Junction.  | 11.484        | 87.720      |
| Left on A259 to Brenzett RAB   | 3.282         | 91.002      |
| CAMBER CIRCUIT (1)   |               |             |
| Take 1st exit on A259 to Brookland RAB   | 1.298         | 92.300      |
| straight onto East Guldeford (care sharp bends) where  | 5.356         | 97.656      |
| turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn right, continue on B2075 to Hammonds Corner A259 Junction. | 11.484        | 109.140     |
| Left on A259 to Brenzett RAB   | 3.282         | 109.140     |
| CAMBER CIRCUIT (2)   | 0.202         |             |
| •  | 21.420        | 133.842     |
| CAMBER CIRCUIT (3)   | 21.420        | 155.262     |
| CAMBER CIRCUIT (4)   | 21.420        | 176.682     |
| CAMBER CIRCUIT (5)   | 21.420        | 198.102     |
| CAMBER CIRCUIT (6)   | 21.420        | 219.522     |
| CAMBER CIRCUIT (7)   | 21.420        | 240.942     |
| where circle and retrace along A2070 to Top of Ham Street Hill   | 5.050         | 245.992     |
| where left to 'T' junction with B2067 (Ham Street Road)  | 0.111         | 246.103     |
| Turn Right (CARE) to Sugarloaf Cross Roads (START of FINISHING CIRCUIT)  | 0.808         | 246.911     |

#### **COURSE**

| Course  | Inter<br>Dist | Cum<br>Dist |
|---|---------------|-------------|
| Start in Kiln Lane Bethersden at field gate north of the  |               |             |
| junction with A.28  | 0             | 0           |
| At end of Kiln Lane left (CARE) onto A28.   | 0.181         | 0.181       |
| Follow A28 in an easterly direction to Singleton RAB  | 4.459         | 4.640       |
| where take first exit. Continue on A28 to (Matalan) Ashford RAB at end of Great Chart By pass – retrace to Singleton RAB. Take 2nd exit to junction with Magpie Hall Lane at New Street Farm. | 1.710         | 6.350       |
| turn left follow through Stubbs Cross to Magpie Hall  |               |             |
| cross roads   | 2.395         | 8.745       |
| turn left onto Ashford Road. Follow to Park Farm RAB  | 0.909         | 9.654       |
| to Kingsnorth 2   | 0.300         | 9.954       |
| where take 3rd exit onto A2040, fork left within 500 yards to Cloverleaf junction A2070 (Ham Street by pass)  | 0.827         | 10.781      |
| Continue on A2070 to Bridgefield RAB to Brenzett RAB junction of A259/A2070/B2080   | 8.906         | 19.687      |
| RYE CIRCUIT (1)   |               |             |
| Take 2nd exit on B2080 through Brenzett mini RAB,<br>Snargate, Appledore Station level crossing, over<br>Appledore Bridge Royal Military Canal, and immediately                               |               |             |
| left to   | 3.967         | 23.654      |
| junction with the A268 Rye  | 5.754         | 29.408      |
| Onto the mini RAB A259  | 0.145         | 29.553      |
| Take left on A259 through East Guldeford to Brookland   |               |             |
| RAB (care sharp bends)  | 6.333         | 35.886      |
| continue straight on to Brenzett RAB  | 1.298         | 37.184      |
| RYE CIRCUIT (2)   | 17.497        | 54.681      |
| RYE AND CAMBER CIRCUIT (1)  |               |             |
| Take 2nd exit on B2080 through Brenzett mini RAB,<br>Snargate, Appledore Station level crossing, over   |               |             |
| Appledore Bridge, and immediately left to   | 3.967         | 58.648      |

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

All under 18s must use a hard shell helmet that meets an internationally accepted safety standard, and in the interests of your own safety, the C.T.T. and the event promoters strongly advise all competitors wear a hard shell helmet.

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

Riders should take care turning Left when exiting Kiln Lane on to A.28 after they start.

A result board will be at the event H.Q. which will show provisional distances. Riders are asked to put their GARMIN distances in the space provided on the result board which will assist in checking the calculated result.

Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

#### **CUT OUT LEGS**

Because the course is now a set of circuits Riders will continue to go around the Brenzett - Brookland - East Guldeford - Camber - Lydd - Hammond's Corner - Brenzett circuit until 3.00 p.m. at which time they will turn Right at Brenzett round-a-bout and proceed to the finishing circuit.

#### FEEDING ARRANGEMENTS

There will be no feed during the event. Riders may hand in their own food and bottles, labelled with their name, and it will be taken to Brookland round-a-bout, and then moved to the finishing circuit. Please make sure that you leave clearly marked containers at the vehicle with the Feeding Sign at the Event H.Q.

#### **MARSHALS**

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer.

#### **TIMEKEEPERS**

Timekeepers should report to Kings Head, Shadoxhurst at 2.30 p.m. to synchronise watches and be allocated Time Keeper stations.

#### MASSAGE

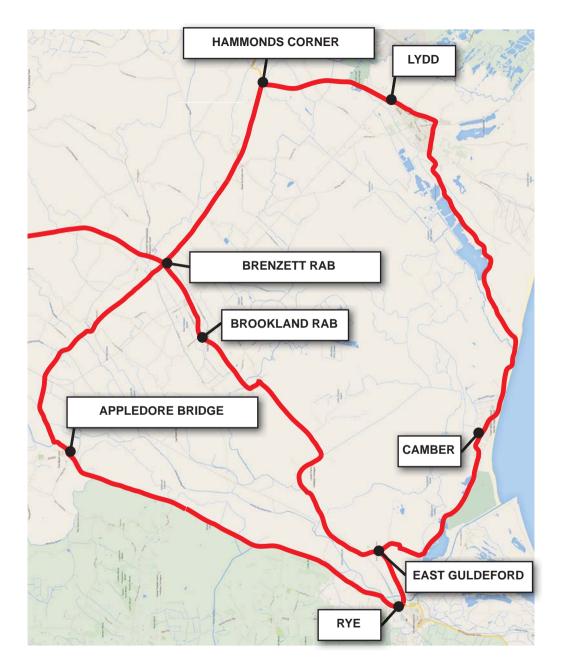
We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

#### REFRESHMENTS

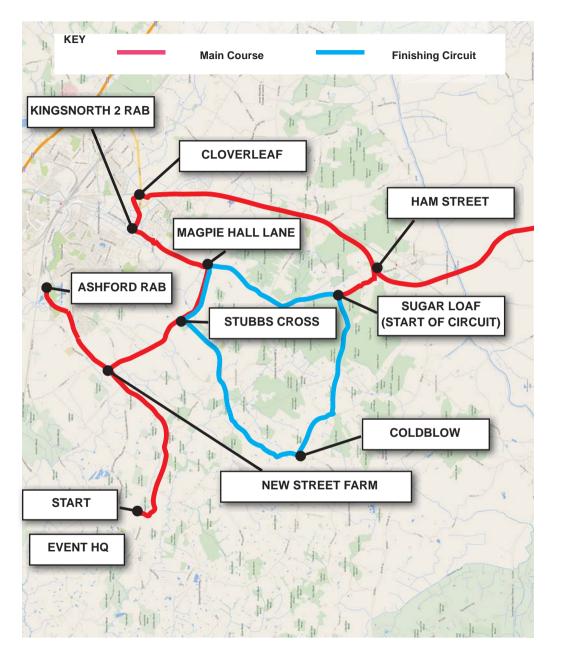
Light refreshments will be available at the hall from 5.30p.m. onwards.

#### **WEB SITE**

You can keep up to date with the latest news and provisional result at www.kca12hour.org.uk. It is intended to post Live Distance updates during the day.



2014 KCA 12 HOUR COURSE AWARDS



#### **K.C.A 12 HOUR CHAMPIONSHIP**

|                   | FASTEST   |
|-------------------|---|
| 1st               | A J Bathurst Trophy (for one year) Plus Gilt Meda |
| 2nd               | Silver Plated Meda                                |
| 3rd               | Bronze Meda                                       |
|                   | TEAM  |
| 1st Team of Three | The Bray Shield (for one year) Plus Gilt Medals   |
| 2nd Team of Three | Silver Plated Medals                              |
|                   | LADY  |
| 1st               | Glad Mills Plaque                                 |
| 2nd               | Silver Plated Meda                                |
| 3rd               | Bronze Meda                                       |
|                   | VETERAN ON AGE STANDARD                           |
| 1st               | Gilt Meda   |
| 2nd               | Silver Plated Meda                                |
| 3rd               | Bronze Meda                                       |
| GREATEST IMP      | PROVEMENT ON DISTANCE IN LAST THREE YEARS         |
| 1st               | Gilt Meda   |
| 2nd               | Silver Plated Meda                                |
| 3rd               | Bronze Meda                                       |
|                   |   |

All finishers, other than prize winners, will receive a K.C.A. Medal.

#### V.T.T.A. KENT GROUP CHAMPIONSHIP

| 1st (on standard)          | Gilt V.T.T.A. Medal   |
|----------------------------|-----------------------|
| 1st (on actual)            | Gilt V.T.T.A. Medal   |
| 1st Team Two (on standard) | Bronze V.T.T.A. Medal |

#### V.T.T.A. SURREY SUSSEX GROUP CHAMPIONSHIP

1st (on standard) Gilt V.T.T.A. Medal

### **RIDER**

| No | Name               | Club                       |      | V.T.T.A.<br>Gp | Best<br>LTS | Start<br>Time |
|----|--------------------|----------------------------|------|----------------|-------------|---------------|
| 1  | Malcolm Strickland | Thornton RC                | V60  |                | 173         | 6.01          |
| 2  | Bob Loader         | Sydenham Wheelers CC       | V82  | Kent           | 185         | 6.02          |
| 3  | Samantha Pyrah     | Rye & District Wheelers CC | WV46 |                | 185         | 6.03          |
| 4  | Ian Mackenzie      | Southend Wheelers          | TV69 |                | 173         | 6.04          |
| 5  | David Hodgson      | Lewes Wanderers CC         | V52  |                |             | 6.05          |
| 6  | Eric Lejune        | San Fairy Ann CC           | TV46 | Kent           |             | 6.06          |
| 7  | Meadhbh Cook       | Thanet RC                  | W    |                |             | 6.07          |
| 8  | Alec Mayes         | Ashford Wheelers CC        | V70  | Kent           |             | 6.08          |
| 9  | Peter Holland      | Lincoln Wheelers           | TV68 |                | 186         | 6.09          |
| 10 | Richard Claxton    | VC Elan                    | V71  | Kent           | 216         | 6.10          |
| 11 | Alison Brockhurst  | Lewes Wanderers CC         | WV42 |                |             | 6.11          |
| 12 | Peter Hayes        | Catford CC                 | V70  |                | 208         | 6.12          |
| 13 | Jim Hollands       | Rye & District Wheelers CC | V76  |                | 195         | 6.13          |
| 14 | Jamie Clark        | Rye & District Wheelers CC |      |                |             | 6.14          |
| 15 | Jeremy Saynor      | PMR@Toachim House          | V52  | Kent           | 210         | 6.15          |
| 16 | Lisa Davis         | Lewes Wanderers CC         | WV40 | SySx           |             | 6.16          |
| 17 | Jake Mitchell      | Abello-SFA Racing Team     |      |                | 206         | 6.17          |
| 18 | Joshua Clark       | RN&RMCA                    |      |                | 195         | 6.18          |
| 19 | Russ Mason         | Thornton RC                | V66  | Kent           | 199         | 6.19          |
| 20 | Nick Wilson        | Rye & District Wheelers CC | V52  | SySx           | 248         | 6.20          |
| 21 | Nigel Perry        | San Fairy Ann CC           | V51  |                |             | 6.21          |
| 22 | David Greenwood    | Rye & District Wheelers CC | V50  | Kent           |             | 6.22          |
| 23 | William Murtagh    | Rye & District Wheelers CC |      |                | 180         | 6.23          |
| 24 | David Adamson      | Southborough & Dist Whs    | V52  |                |             | 6.24          |
| 25 | Matt Coombs        | Lewes Wanderers CC         | V44  |                | 245         | 6.25          |
| 26 | Shaun Williams     | Abello-SFA Racing Team     | V50  | Kent           |             | 6.26          |

| No | Name                     | Club                       |      | V.T.T.A.<br>Gp | Best<br>LTS | Start<br>Time |
|----|--------------------------|----------------------------|------|----------------|-------------|---------------|
| 27 | Anthony Bell             | San Fairy Ann CC           | V47  |                |             | 6.27          |
| 28 | Rebecca Wilson           | Rye & District Wheelers CC | WV50 | SySx           | 202         | 6.28          |
| 29 | Stephen Ratcliffe        | Thornton RC                | V42  |                | 195         | 6.29          |
| 30 | Dean Chiddention         | Abello-SFA Racing Team     |      |                | 255         | 6.30          |
| 31 | John Clarey              | Gemini BC                  | V76  |                | 216         | 6.31          |
| 32 | Ben Vickery              | San Fairy Ann CC           | V45  |                |             | 6.32          |
| 33 | Peter Holley             | East Grinstead Tri Club    | TV52 |                |             | 6.33          |
| 34 | Trevor Hall              | Thornton RC                | V54  |                | 199         | 6.34          |
| 35 | Mark Emsley              | Team Asl360                |      |                |             | 6.35          |
| 36 | Christopher Vernon-Parry | Kingston Wheelers          | V46  |                |             | 6.36          |
| 37 | Tony Worton              | Rapha Cycle Club           |      |                |             | 6.37          |
| 38 | Ben Hardisty             | East Grinstead CC          | V56  |                |             | 6.38          |
| 39 | Rupert Robinson          | Crawley Wheelers           | V43  |                |             | 6.39          |
| 40 | Peter Pav Bryan          | Rye & District Wheelers CC |      |                | 269         | 6.40          |
| 41 | Richard Moule            | Bossard Wheelers           | V58  |                | 217         | 6.41          |
| 42 | Simon Rounding           | VC Elan                    |      |                | 229         | 6.42          |
| 43 | lan Hodge                | Southborough & Dist Whs    | V56  | Kent           | 238         | 6.43          |

### SPONSORED CLUBS

VC Elan - Harry Perry Cycles

# The child first and always



Ben Hardisty is riding to raise money for the Great Ormond Street Children's Hospital. Please support Ben.

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